DOCUMENT RESUME

ED 398 210 SP 036 836

AUTHOR Marshall, Patrick W
TITLE Whitewater Kayaking. A Bibliography.
PUB DATE 6 May 96
NOTE 7p.
PUB TYPE Reference Materials - Bibliographies (131)

EDRS PRICE MF01/PC01 Plus Postage.
DESCRIPTORS Adults; Annotated Bibliographies; *Aquatic Sports; *Athletics; Books; Film Libraries; Periodicals; Videotape Recordings
IDENTIFIERS *Kayaking

ABSTRACT

This document presents an annotated bibliography listing 34 available sources describing the sport of kayaking, with an emphasis on whitewater. The bibliography is divided into three sections: books, journals, and videos. Older material with useful information is included. Unless otherwise noted, each item is geared towards adults and can be beneficial to both beginners and experts. (CK)

****
* Reproductions supplied by EDRS are the best that can be made *
* from the original document. *
****

PERMISSION TO REPRODUCE AND DISSEMINATE THIS MATERIAL HAS BEEN GRANTED BY

P. Marshall

TO THE EDUCATIONAL RESOURCES INFORMATION CENTER (ERIC)

U.S. DEPARTMENT OF EDUCATION
Office of Educational Research and Improvement
EDUCATIONAL RESOURCES INFORMATION CENTER (ERIC)

☐ This document has been reproduced as received from the person or organization originating it.

☐ Minor changes have been made to improve reproduction quality

• Points of view or opinions stated in this document do not necessarily represent official OERI position or policy

ED 398 210

WHITEWATER KAYAKING
A BIBLIOGRAPHY

Patrick W Marshall
May 6, 1996

Opening Statement

The popularity of kayaking has grown tremendously over the past few years. Whether one paddles whitewater or still water, for health benefits or racing, the diversity offered by the sport of kayaking provides something for everyone.

As with any sport, it is important to learn the necessary basic skills in order to safely enjoy it. Many books, videos, and journal articles have been produced within the past few years that are geared towards the beginning and experienced kayaker. These items may include all aspects of the sport or cover a specific style or subject. Whether a person is into whitewater or sea kayaking, the introductory information they need is available in some form.

The following bibliography provides a listing of thirty four sources that are available which describe the sport of kayaking. The emphasis is on whitewater however, many of the sources provide information on all aspects of kayaking. The bibliography is divided into three sections: books, journals, and videos. Older material is mentioned as it is felt that the information provided is still useful. Unless otherwise noted, each item is geared towards adults and can be beneficial to both beginners and experts.

Books

Many of the sources listed in this section cover both whitewater and sea kayaking. Most contain bibliographies for further reading. Illustrations assist in describing the various techniques and equipment needed. Sources for children are noted within the respective abstract.

Beasley, Bob. Kayaking Essentials. A Nuts -n- Bolts Guides Series. Birmingham: Menasha Ridge Press, 1995.

Abstract: Provides essential information to young people about the sport of kayaking.

Bridge, Raymond. The Complete Guide to Kayaking. New York: Charles Scribner's Sons, 1978.

Abstract: Provides detailed look at many different aspects of kayaking. Subjects covered include equipment needed, rolling, paddling, camping, building a kayak, and accessories. Glossary provided.

SP034836

BEST COPY AVAILABLE

Camp, Raymond R. "Canoeing." The Sportsman's Encyclopedia. Ed. Bill Burton. New York: Grosset and Dunlap, 1971.

Abstracted: Outdated source that provides descriptions of older kayaks and folding kayaks. Paddling techniques, and how to care for a kayak are also discussed. Glossary of common canoeing and kayaking terms provide.

Canoe Magazine Editors. Canoeing & Kayaking Techniques. Merrillville: I.C.S. Books, Inc., 1994.

Abstract: Although now out of print, this source provides information on how to handle the various maneuvers required of kayaking. Illustrations are provided.

Collins, Loel. Kayaking. Know the Sport Series. Mechanicsburg: Stackpole Books, 1996.

Abstract: Provides information about kayaking that is geared toward a younger audience.

Dutky, Paul. The Bombproof Roll and Beyond. Birmingham: Menasha Ridge Press, 1993.

Abstract: Source gives the reader hints on how to perform various kayaking techniques as well as more difficult maneuvers.

Evans, Eric. and Jay Evans. The Kayaking Book. Rev. ed. New York: Plume, 1988.

Abstract: Book covers all subject areas of kayaking. Glossary, and list of paddling organizations is provided. Source also includes listing of journal publishers and video distributors.

Evans, Jeremy. Whitewater Kayaking. Adventurers Series. Parsippany, NJ: Silver Burdett Press, 1992.

Abstract: Provides children with an explanation about canoeing and kayaking safety, equipment, and paddling techniques. Illustrations are numerous and help to describe the text.

Fillingham, Paul. The Complete Book of Canoeing & Kayaking. New York: Drake Publishers, 1976.

Abstract: A beginners guide to canoeing and kayaking. Illustrations are included.

Ford, Kent. Kayaking. Outdoor Pursuits Series. Champaign: Human Kinetics Publishers, 1995.

Abstract: Source provides information on the sport of kayaking with illustrations provided for clarification.

BEST COPY AVAILABLE

Foster, Thomas S. Catch Every Eddy...Surf Every Wave: A Contemporary Guide to Whitewater Playboating. Millers Falls, MA: Outdoor Centre of New England, 1995.

Abstract: Provides comprehensive information about whitewater kayaking and canoeing for beginner and experienced paddlers. Through words and illustrations, the proper techniques are explained with separate chapters for canoeing and kayaking. Information on trips and organizations are also provided.

Gullion, Laurie. Canoeing and Kayaking: Instruction Manual. Birmingham: Menasha Ridge Press, 1987.

Abstract: Complete instruction manual for both canoeing and kayaking. Paddling techniques and safety described. Equipment needs are also explained. Source is illustrated.

Hutchinson, Derek C. Eskimo Rolling. 2nd ed. Camden, ME: Ragged Mountain Press, 1992.

Abstract: Book is a revised edition of Eskimo Rolling for Survival and provides a strong look at safety maneuvers and survival skills needed for kayaking.

"Kayaking." Sport Bibliography/ Bibliographie Du Sport. 14 vols. to date. Ottawa: Sport Information Resource Centre, 1987.

Abstract: Index of journals in both English and French of all types of sports. Kayaking subheading includes such categories as clothing, coaching, equipment, techniques, and training. Prior volumes of this set also contain subheadings with kayaking information.

Krauzer, Steven. Kayaking: A Complete Guide. A Trailside Series Guide. New York: W. W. Norton and Co., 1996.

Abstract: Provides information on the sport of kayaking for all involved. Illustrations included.

Rowe, Ray. Whitewater Kayaking. Adventure Sports Series. Harrisburg, PA: Stackpole books, 1988.

Abstract: Provides information on the basics of white water kayaking. Source is illustrated to assist the reader.

Stuhaug, Dennis. Kayaking Made Easy: A Manual For Beginners With Tips For the Experienced. Old Saybrook, CT: Globe Pequot Press, 1995.

Abstract: Geared more towards the beginner, source provides descriptions and illustrations of kayaking maneuvers.

Tejada-Flores, Lito. Wildwater: The Sierra Club Guide to Kayaking & Whitewater Boating. Outdoor Activities Guides Series. San

BEST COPY AVAILABLE

Francisco: Sierra Club Books, 1978.

Abstract: Provides detailed descriptions of kayaking and other paddling sports. Safety tips included. Source is illustrated.

U'Ren, Stephen B. Performance Kayking. Harrisburg, PA: Stackpole books, 1990.

Abstract: Covers various topics of kayaking including getting started, boating basics, handling the paddle, reading white water, play paddling, and slalom racing. Illustrations are provided.

Journals and Periodicals

Many journal articles cover a specific subject, usually a paddling technique or equipment item. A sampling of recent articles is included here for perusal. Sportsearch, a monthly index of journal articles in sports, is one source which the reader may wish to consult for a further listing of article titles.

Grant, G. "The Duffek Without Defects." Canoe & Kayak Mar. 1994: 18.

Abstract: Proper method of performing the Duffek Maneuver is discussed. Benefits and use are also included in article.

Gullion, Laurie. "First Currents: Finding Features In the Froth." Canoe & Kayak Oct. 1995: 17.

Abstract: Author describes what to look for when paddling down a river. Points out the hazards which may be hidden and gives advice on how to improve one's awareness of the river.

Harrison, David. "One Good Turn: The Sweep Stroke." Canoe & Kayak Aug. 1994: 19.

Abstract: Provides the reader with tips on how to improve the sweep stroke. Problems that can arise and benefits of learning the proper way of doing this technique are discussed.

Kauffman, Robert B. and David Mason. "Using Gates to Enhance Your Paddling Program." Camping Magazine July/ August 1995: 13-16.

Abstract: Explains how the use of gates can be used to improve paddling skills. Describes how to make a gate, a slalom course, and an English Gate.

Kerchkhoff-van Wijk, Claudia. "The Low Brace Turn: Stability on the Eddy Line." Canoe & Kayak May 1995: 22.

Abstract: Pointers on how to conduct a low brace turn. Gives the reader pointers on what can go wrong and how to improve this paddling technique.

"Learning to Kayak: Including How to Roll." Sunset August 1988: 40.

Abstract: Tells where to find classes in California, what they should cost and what they should teach.

Mattera, Joanne. "Hit the Water!" Glamour August 1988: 140.

Abstract: Chart lists the health benefits, costs, and required preparation for several water sports including kayaking.

Quammen, D. "At Play In the Swirly Zone: Introductory Lessons In Whitewater Kayaking." Outside Apr. 1993: 80-87+

Abstract: Provides the reader with a basic overview of kayaking.

Webster, Donovan. "Whitewater Kayaking." Men's Health April 1996: 84-86.

Abstract: Provides tips on learning whitewater kayaking, cost of lessons, and a list of schools.

Videos

Videos, although not as plentiful as books and journal articles, can provide an excellent way for individuals to see how particular maneuvers are done. Many videos have been recently released and can be a great asset to the kayaker.

Kayak Basic. Videocassette. prod. and dir. Ed Brumbg. Gravity Sports Films, 1986. 34 min.

Abstract: An introduction to kayaking with discussions on safety and equipment.

Kayak Basics. Videocassette. Nar. Chris Spelius. Perception Inc., 1994. 36 min.

Abstract: Divided into two parts. Olympic kayaker Chris Spelius first demonstrates the eskimo roll and various paddling techniques and strokes. In the second part, the technique of squirting is demonstrated.

Kayak Handling the Basic Strokes. Videocassette. Come canoeing Series: Basic Kayak Handling. With Ray Rowe. Gravity Sports Films Inc., 1988. 45 min.

Abstract: Provides basic instructions for beginners. Paddling

BEST COPY AVAILABLE

techniques discussed and demonstrated.

The Kayaker's Edge: Dynamic Whitewater Instruction. Videocassette. With Kent Ford. Whitewater Instruction, 1992. 59 min.

Abstract: Kent Stevens offers instruction on advanced stroke techniques, rolling, bracing, enders, and sidesurfing. Video is intended for intermediate or advanced kayakers.

Let the Current Do the Work. Videocassette. Around the World In Sight and Sound, 1981. 20 min.

Abstract: Intended for those in junior high and older, this video shows techniques, waterproof packing, loading, and rescue techniques for boats and passengers. The video considers rafts, canoes, and kayaks as alternatives to motor powered excursions.

Rolling With Rocky. Videocassette. Prod. Rocky Rossi. Gravity Sports Films Inc., 1986. 30 min.

Abstract: Video gives a complete lesson on rolling with slow motion and underwater shots.

BEST COPY AVAILABLE